

WATERBURY

2023 SCHEDULE

May 22 to October 9



proudly presented by

ConnectiCare

Bright green classes are led by a bilingual teacher (Spanish).

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

HAMILTON PARK

5:30 PM

FULTON PARK

5:30 PM

BUCK'S HILL PARK

5:30 PM

CHASE PARK

10:00 AM

MARTIN LUTHER

KING JR. PARK

10:00 AM



   @yogainourcity

yogainourcity.com